



Bed Partner Survey

Do you witness the patient snoring? yes no

Do you witness the patient choking or gasping for breath during sleep? yes no

Does the patient pause or stop breathing during sleep? yes no

Does the patient fall asleep easily, if given opportunity, during the day? yes no

Do you witness the patient clenching or grinding their teeth during sleep? yes no

Does the patient appear tired upon waking from a normal night of sleep? yes no

Do the patient's sleep habits disturb your sleep? yes no

Does the patient seem restless in their sleep? Waking up often? yes no

The more “Yes” answers given, the more likely it is that your bed partner could have a life-threatening condition called sleep apnea. If you answered more than 2 or 3 questions with a “yes”, your bed partner should be evaluated for sleep apnea as soon as possible. Contact us now to find out how we can help!